

## Biopsy Wound Care Instructions

In order to minimize the amount of scarring following a biopsy or surgical procedure, and to decrease the chances of infection, please follow these recommendations:

- Leave dressing on for 24 hours.
- Keep it dry and clean.
- Cleanse surgical site once daily with soap and water.

Apply a thin coat of Aquaphor Healing Ointment, Vaseline or petroleum jelly twice daily to the wound and cover with a clean bandage. **AVOID NEOSPORIN OINTMENT.** Due to the increased risk of allergic reaction with neomycin in Neosporin, it is best not to use this product.

Call the office if any of the following signs of an infected wound appear:

- pus or increased drainage
- increased pain, swelling or redness
- red streaks on nearby skin
- painful or swollen local lymph glands

If there is bleeding at the site, hold firm pressure with gauze and ice over the wound for 30 minutes. For bleeding that quickly soaks through gauze or is not stopped with firm pressure, call the office or be seen by a local medical doctor or Emergency Room.

Return for suture removal in \_\_\_\_\_ days.

Continue wound care until the biopsy site heals and there is no open skin remaining.

### About Your Results

**View your results on your patient portal. Link to your patient portal from our website [centraldermcenter.com](http://centraldermcenter.com). If you have not heard from our office regarding your pathology results within 2 weeks of your procedure, please contact our office at 919-401-1994.**

## **Your Patient Portal**

The patient portal provides you access to your Central Dermatology Center health information. You can view your contact and insurance information along with your visits notes, problem list and test results. You can view and edit your patient information including, pharmacy, medical history, and medications. You may also see and confirm your upcoming appointments with your provider.

The portal is available using the **Firefox browser** and is available for free at [www.mozilla.org](http://www.mozilla.org) or using Google Chrome.

### **Portal Activation**

- Our front office staff will activate your portal using your email address. A link will be sent to your email address that can be used to log into your portal. This link is valid for 72 hours.
- If you are having trouble logging in or the link has expired, please contact our main office at 919-401-1994 for assistance.
- You can also use your camera on your cell phone scan the QR code to open the portal.



### **Using the Patient Portal**

**Patient Information** - It is helpful to review and update information on the “**Patient Info**” tab prior to appointments. This will help provide the most accurate medical information to your provider and streamline your visit experience when you arrive at our office for your appointments.

**Visit Information** - Within three business days after your appointment with Central Dermatology Center, you will be able to access the portal to view your full visit note by going to the “**Visit Info**” tab in the top left corner of your screen.

**Test Results** - The “**Tests and Results**” tab allows you to view any test or lab and the results that your provider performed or ordered for you once they are received and reviewed by provider. For biopsy results, you will receive a message from our office to call us when your results are ready. We will review results and any treatment plan that has been prescribed by your provider based on those results.

**Messaging your Provider** - Under the “**Contact Us**” Tab, the mail tab the mail tab allows you to send a secure electronic message directly to your provider. To reach your provider, please select the office you are seen at (Chapel Hill, Cary, Raleigh, Sanford, Pittsboro). Please allow 24 business hours for a reply. Please do not send messages regarding appointment changes, you must contact the office directly.

- For prescription refills, please contact your pharmacy to send us an electronic refill request.
- If you have a new medical concern, please contact the office directly for an appointment.
- If it is an urgent message, we recommend you call our office directly at 919-401-1994. If it is an emergency, you should dial 911.